

Aqua Mirabilis

Take Gallinall. Cubebu Cardomums, mellilet
Flowers, Ginger, Cloves, Nutmegs and mace, of
each one dram a Pinte of Aqua Vita, three pints
of sack, or white wine, one pinte of the Juice of
Cellendine Let those ingredients of Druggs
and spices being Grossely beaten be infused in
the Liquors and Juices one night, then distill
them vntill all be run out and let the Extract
fall into a Glasse in which you haue put halfe
a pound of white sugar Candy or hard Sugar
and take two or three Spoonfulls when you
are in bed or in the day as Occassions serue

Hall, Constance.
Cook-book, 1672.
V.a.20, page 11.

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